

Financial and Service Statements *

M.E./CFS Group (Canterbury) Inc

For the Year Ended 31 August 2022

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* The Financial and Service Statements comprise the 'Performance Report' for Charity reporting purposes.

M.E./CFS Group (Canterbury) Inc

Entity Purpose

Type of Organisation

M.E./CFS Group (Canterbury) Inc is a Society under the Incorporated Societies Act 1908 and is registered as a charity (CC32072). Also known as MECFS Canterbury.

Address

Postal: Christchurch Community House, 213 Lichfield St, Christchurch 8011
Web: www.mecfscanterbury.nz
Email: info@mecfscanterbury.nz
Phone: (03) 3655 887 | 020 4027 0176

Purpose of Organisation

The organisation was established in 1985 to support and assist people with ME/CFS* in the management of the illness and with the aim of improving their quality of life.

*ME/CFS is Myalgic Encephalomyelitis /Chronic Fatigue Syndrome, also known as Tapanui Flu in NZ.

ME/CFS is a serious long-term illness that involves an abnormal physiological response to exercise, altered immune function, and impaired energy production. There is a fluctuating spectrum of symptom severity, with many people being house-bound, and the most severely affected are bed-bound. Most people with ME/CFS are socially isolated, are unable to work, and do not have access to adequate financial, home and mobility supports through the welfare and health systems. There are a conservative estimate of 2,600 people with ME/CFS in Canterbury, with 350 of them being young people and children. The ME/CFS community in the West Coast is estimated at 130.

As a result of the COVID-19 pandemic, it is estimated that between 5-50% of people who have had an infection may develop LongCOVID and go on to meet the criteria for ME/CFS. Using an estimate of 10%, this would suggest that there may be 26,000 long haulers in Canterbury requiring the services and support offered by MECFS Canterbury.

In 2022, we are a growing community health and clinical service organisation serving our community.

Our Vision - Tā Mātou Aronga

That every person with Myalgic Encephalomyelitis /Chronic Fatigue Syndrome (ME/CFS) in Canterbury lives the best quality of life possible.

Our Mission – Tā Mātou Whaingā

To improve the wellbeing of people, families and carers affected by ME/CFS by providing information, validation, clinical support, connection, and advocacy.

To improve the quality of care available for those affected by ME/CFS by providing education, direction, and support to health professionals and the wider community.

Our Values – Ā Mātou Uaratanga

Compassion, Respect, Equity, Patient-centred, Collaboration

We acknowledge Te Tiriti o Waitangi as a founding document in New Zealand and demonstrate a commitment and special obligation to its principles.

M.E./CFS Group (Canterbury) Inc

Statement of Receipts and Payments (Cash Flows)

For the period 1 September 2021 to 31 August 2022

	2022	2021
	\$NZ	\$NZ
Operating Cash Received		
<i>Donations, Fundraising and other similar receipts</i>		
Fundraising receipts (Givealittle, other)	\$ 5,258	\$ 30
Grants (Note 4)	\$ 79,043	\$ 58,670
<i>Fees, subscriptions and other receipts (including donations) from members</i>		
Subscriptions, donations or koha from members	\$ 3,509	\$ 1,445
<i>Receipts from providing goods or services</i>		
Advertising	\$ 125	\$ 125
<i>Interest, dividends and other Investment Receipts</i>		
Interest	\$ 36	\$ 11
<i>Other Receipts</i>		
MSD-Covid 19 Wages Subsidy and Resurgence Fund	\$ 6,159	\$ 1,200
Total Operating Cash Received	\$ 94,130	\$ 61,481
Operating Cash Paid		
<i>Expenses related to public fundraising</i>		
Give-a-little Fees	\$ 256	\$ -
<i>Volunteer and employee-related payments</i>		
Salaries and Wages	\$ 64,264	\$ 34,963
Volunteer Expenses	\$ -	\$ 120
<i>Expenses related to providing goods or services</i>		
Newsletter Expenses	\$ 60	\$ 681
Group Meeting Expenses	\$ 1,543	\$ 1,438
Group Resources	\$ 60	\$ 1,253
Office Facility	\$ 4,695	\$ 2,728
Postage, Photocopying and Stationery	\$ 4,472	\$ 1,800
Telephone	\$ 2,108	\$ 1,201
Travel	\$ 2,512	\$ 3,200
Staff Training, Supervision and Fees	\$ 1,396	\$ 3,055
Accounting/Auditing	\$ 680	\$ 587
Advertising	\$ 102	\$ 557
Membership Fees	\$ 344	\$ 318
IT Website, Software and Other Expenses	\$ 2,412	\$ 1,597
Insurance	\$ 3,604	\$ -
Library	\$ 1,020	\$ 77
Education Events	\$ 575	\$ 3,849
General Expenses	\$ 1,470	\$ 1,666
Total Operating Cash Paid	\$ 91,574	\$ 59,091

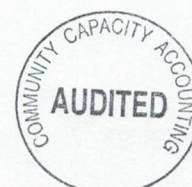


M.E./CFS Group (Canterbury) Inc

Statement of Receipts and Payments (Cash Flows) (continued)

For the period 1 September 2021 to 31 August 2022

	2022	2021
	\$NZ	\$NZ
Capital Cash Applied		
Laptop	\$ -	\$ 1,324
Small Equipment	\$ -	\$ 1,411
Samsung Galaxy Phone	\$ -	\$ 349
Electronic Equipment	\$ 480	\$ -
Total Capital Cash Applied	\$ 480	\$ 3,084
Net Cash Flow	\$ 2,075	(\$ 693)
Add Opening Cash Balance	\$ 23,050	\$ 23,742
Closing Cash Balance	\$ 25,126	\$ 23,050
Represented by:		
Cheque Account	\$ 24,614	\$ 22,844
Savings Account	\$ 512	\$ 206
	\$ 25,126	\$ 23,050



M.E./CFS Group (Canterbury) Inc

Statement of Resources and Commitments (Assets and Liabilities)

As At 31 August 2022

	2022	2021
	\$NZ	\$NZ
Schedule of Resources (Assets)		
Bank Accounts and Cash		
Cash at Bank	\$ 25,126	\$ 23,050
Money Owed to the Entity		
Significant Accounts Receivable	\$ 50	\$ 50
Other Resources		
Significant Fixed Assets at Cost (Note 3a)	\$ 7,930	\$ 5,280
Prepaid Insurance	\$ 1,830	\$ -
Schedule of Commitments (Liabilities)		
Money Payable by the Entity		
Significant Accounts Payable	\$ 1,374	\$ 4,479
Other Commitments		
Holiday Pay Owed to Staff	\$ 2,088	\$ 2,120
Schedule of Other Information		
Unexpended Grants (Note 4)	\$ 13,923	\$ 15,545
MSD Covid-19 Wages Subsidy to be applied	\$ -	\$ 1,200



M.E./CFS Group (Canterbury) Inc

Statement of Service Activity

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

Outputs

MECFS Canterbury has increased its reach and service levels during the September 2021 – August 2022 year, as detailed in the Table of Key Measured Outputs and in the Service Delivery Description below. As evidenced by the feedback received (see excerpts in the Feedback section below), we are making progress towards improving the quality of life for people living with ME/CFS in Canterbury.

Impact of Covid:

Changes in Covid Alert Levels and general unease with the pandemic situation impacted attendance at our in-person group meetings. However this was countered by holding meetings online. Our Registered Nurse Service continues to offer the option of telehealth appointments.

Table of measured Outputs:

	2022	2021
People with ME/CFS*:		
*Based on low estimate of 4 in 1,000 people		
Canterbury:	2,584	2,583
Christchurch & Banks Peninsula	1,550	1,550
Rural Canterbury	1,033	1,033
West Coast	130	130
New Zealand	20,449	20,000
People with LongCOVID*:		
*Based on estimate of 10% of people recovered from COVID-19		
Canterbury	25,678	
West Coast	1,049	
New Zealand	177,745	
Our ME/CFS Community:		
Members	186	110
Life Members	4	5
Facebook Closed Support Group	264	157
Facebook Public Page - Followers	364	257
Facebook Public Page - Likes		234
Meetup page members	28	17
Staff:		
Number of Employees:	3	2
Hours employed per month	165	130
Number of Volunteers:	9	10
Hours volunteered per month	111	87
Support Group Meetings:		
In-person Meetings:	8	10
Total in-person attendance	74	102
Virtual Meetings:	16	11

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

Total virtual attendance	228	51
Total meetings:	24	21
Total attendance	302	153
Guest expert speakers	9	6

Registered Nurse Services:		
New Clients:	60	37
Health professional referrals	7	7
Self referrals - HP recommendation	21	0
Self referrals	32	30
Active Clients	79	53
RNS Key client interactions:	686	504
Advocacy	72	52
GP	37	
Physician	1	
Allied Health professional	2	
SR Health School	21	
Work and Income	1	
Employer	1	
Whānau	0	
Other	9	
Home /In-person Consults	70	65
Virtual consults	43	10
Phone consults	133	92
Email & text communication supports	271	265
External Referrals	25	20
Health School - supported students	13	5
Management Plan	17	n/a
Rural clients:	27	27
Rural Visits	20	12
Individual Support by Registered Nurse:		
Hours	647	412
Travel - kilometers	2,167	2,725
Outreach Service (new):		
Number of clients	8	
Interactions	66	
Newsletters:		
Number of issues	6	6
Number of subscribers	206	128
Library		
Number of titles	111	74
Total number of books	133	

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

Education for Health Professionals:		
Events with Presenters provided by us	2	4
Other activities	2	5
Education for the Public:		
Specific permanent content	2	2
Content in Traditional Media	0	1
Organisation Advocacy /Networking:		
Meetings	26	15
Conferences/Training attended	11	2
Other interactions	8	5
Professional Memberships	5	6

Service Delivery Description:

Group Support Meetings

Attendance at our group meetings doubled this year when compared to the last year.

Our group meetings are an important opportunity to share information and enable connections with other people who understand life with a chronic illness. To include those that were unable to attend, we share recordings of presentations and share information and summaries in our newsletter, Facebook group, and by email to our members.

Our monthly in-person meetings are hosted at the lovely Mary Potter Community Centre, St Albans, Christchurch. A highlight for attendees is connecting afterwards with a cup of tea.

We held our first in-person meeting outside of Christchurch in Rangiora in August 2022 and plan to facilitate meetings in our rural areas.

Our monthly online Zoom meetings enable participation by people that are unable to attend the in-person meetings, for various reasons such as being bed- or house-bound, or living outside of Christchurch.

Topics for our group support meetings in 2022 included;

- Coping with chronic illness - Frances Young, Psychologist
- Tracking activity and impacts
- Orthostatic Intolerance - Dr Jenny Butler, General Physician
- Exploring exercise for people with ME/CFS - Rachel Sullivan, Exercise Physiologist
- Easy meal prep - Anita Chaudhuri-Roy, Nutritionist
- Havening Technique - Kathy Hughes, Counsellor
- Winter Wellness
- Art therapy - Sarah Moore, Art Therapist
- Practical supports
- Medical Cannabis - Dr Anne Craig and Nurse Maxine Anderson
- Lifehacks for living with ME/CFS - Anna-Maria Covich, person with ME/CFS

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

Online Support Group

Our online peer support group on Facebook continues to provide a supportive environment for people living with ME/CFS to connect, share experiences and information.

Registered Nurse Services:

As we become more widely known, the number of clients engaging in our Registered Nurse Services is increasing. Referrals have come directly from Health Professionals or at their recommendation, or as self-referrals. However, due to funding restrictions we have been unable to increase staff to meet the needs of the ME/CFS and LongCovid communities.

The Registered Nurse Service is delivered through home visits, zoom consultations, and other interactions to people of all ages. It makes a difference for individuals in the following areas:

- Advocacy with GPs, Physicians, allied health, employers, Work and Income NZ, whānau and
- Clinical support for symptom management and obtaining a diagnosis
- Management plans for students attending the Southern Regional Health School (The SRHS is a state school for children in Years 1 to 13 who are unwell.)
- Referrals to allied health and other external supportive services (including CDHB Occupational Therapy, CDHB LTS-CHC (Long Term Support – Chronic Health Conditions), Pegasus Health PCW (Partnership Community Workers), Comcare – Peer Support, Total Mobility Card)
- Applications for the Hāpai Access Cards that give people with disabilities better access and support from retailers and public areas.

Outreach Services:

We started a formal Outreach Service in 2022 using volunteers to provide one-off and ongoing practical supports to people with ME/CFS. Supports provided include:

- Regular phone calls to people feeling isolated
- Picking up prescriptions and groceries
- Child-care to enable other activities to be completed
- Discussing options for living arrangements
- Accessing financial support through Work and Income

We were delighted to have a Social Work student from Te Ara involved during the year, and are actively pursuing additional volunteers to this programme through Volunteer Canterbury and the Student Volunteer Army.

When funding allows, we plan to engage an Outreach Coordinator to facilitate our group meetings and the outreach programme.

Newsletter:

Our **newsletter** continues to be well received and members elect to receive it by email and/or post.

Main themes during the year were;

- October 2021 – Self-care
- December 2021 – Changes

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

- February 2022 – Being Prepared
- April 2022 – Finding Calm
- June 2022 – Eating Well with ME/CFS
- August 2022 – Advocacy

Library:

In response to requests for various titles, we increased the number of books available through our library.

Education and sharing information about ME/CFS

As a result of our education programme and partnership with the Canterbury District Health Board (from 1st July 2022, called Te Whatu Ora - Waitaha (Health New Zealand - Canterbury), we have observed that more General Practitioners are comfortable assessing, diagnosing, and supporting people with ME/CFS. Appropriate information about ME/CFS is available to health professionals on the community and hospital Health Pathways website, as well as the Allied Healthways website. Information about ME/CFS for the public is available on the HealthInfo website.

Our Registered Nurse Service continues to engage with medical and allied health professionals through cases for individual patients, and this also increases understanding of ME/CFS and appropriate clinical and other management and supports.

The GPCME (General Practice Conference & Medical Exhibition) South conference was held in Christchurch in August 2022, and we provided an educational handout about ME/CFS that was inserted into the conference satchel for all 600 attendees.

Our staff were involved in presentations about ME/CFS to the following groups:

- Teachers at the Southern Regional Health School
- Physiotherapists at local company, Physio NZ

We continued to share research news and other material on our public Facebook page.

Recordings of the educational sessions delivered at our group meetings are posted to our YouTube channel to reach a wider audience.

Participation in Networking and Advocacy events

Representatives of MECFS Canterbury are meeting frequently with leaders at the CDHB to further develop our partnership. This is assisting us in raising awareness of ME/CFS, educating health professionals, and ensuring that people with ME/CFS have access to standard services from the CDHB where entry criteria is met.

In September 2021, we submitted a business case to the CDHB for service provision funding. After an initial positive response, this has been unable to progress further, as we have been advised that the new entity Te Whatu Ora (Health New Zealand) does not have any mechanism for awarding new contracts as yet.

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

During the year, staff of MECFS Canterbury have facilitated and attended regular networking meetings with other ME/CFS agencies in New Zealand, including ANZMES, M.E. Awareness NZ, Complex Chronic Illness Support, and ME Auckland. The meetings have allowed the sharing of information and approaches, as well as enabled collaboration on projects such as an awareness campaign for World ME Day, on 12th May 2022.

During the year, with the aims of improving understanding of ME/CFS and improving our organizational framework and connections, representatives of MECFS Canterbury have:

- Met with: staff at the Southern Regional Health School, a GP candidate for ME/CFS specialist, advocate with the National Health and Disability Advocacy Service, the project team for Braintree (planned neurological centre in Christchurch); staff at Hapai Foundation, Tracey McLennan MP, Duncan Webb MP, regional coordinator for the Student Volunteer Army, and the Manager of Dementia Canterbury.
- Met with grant advisors at the Rata Foundation and the Aotearoa Gaming Trust.
- Attended the Stakeholder events regarding the transformation of the health system held by the Ministry of Health, Te Whatu Ora - Waitaha | Health New Zealand and Te Aka Whai Ora | Māori Health Authority.
- Attended disability sector announcements.
- Exhibited at the Volunteer Expo at the University of Canterbury
- Corresponded with the WCDHB, Pegasus Health, Stronger Schools, Health One, and Ministry of Education
- Held professional memberships with Social Equity and Welfare Network (SEWN), ANZMES, Christchurch Community House, Volunteering Canterbury, Exult.
- Joined the LinkedIn community to assist us in reaching more businesses, health professionals and supporters.

Organisational Development

Client Management System:

We moved to Cliniko for the appointment calendar functionality and client records for the Registered Nurse Service.

Operations Manual:

We finalized and adopted the first five sections of our new Operations Manual and have the remainder of the Policies and Procedures in draft.

Training:

Staff have attended a variety of training activities including:

- NCNED International 2021 ME/CFS Research Innovation and Discovery Conference, National Centre for Neuroimmunology and Emerging Diseases, Australia
- NZ Nurses Organisation Youth Symposium
- MyHealth Hub ME/CFS Webinar
- ThinkGP ME/CFS Modules 1 & 2
- ANZMES Education Event
- Long Covid Symposium, University of Otago
- Board Talks – Digital and Cyber Security, Community Governance
- Long Term Conditions Virtual Forum, Health Navigator

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

Feedback

We received the following feedback in our 2022 Annual Survey and directly throughout the year:

General feedback:

- “I love this organisation, so caring and respectful in everything they do, and it seems always looking to progress forward.”
- “It's a great feeling - being connected to this group. I cannot express how much you all do.”
- “I appreciate the highly professional nature of all that you do. It makes me feel affirmed because the organisation treats ME/CFS sufferers with respect. In addition, belonging to the organisation makes me feel part of a supportive and empathetic community, especially through the Facebook group discussions.”
- “I have learnt so much from MECFS Canterbury that I wouldn't be able to manage on my own. Due to brain fog I struggle to remember things and to learn new things so it is hard trying to find out about treatment/intervention possibilities. The group, however, keeps me up to date with what people are trying.”

Feedback for the Group Support & Education meetings:

In-person Meetings:

- “I like the friendly atmosphere and getting to interact with people with similar experiences.”
- “I liked that the meeting began with a structured part with useful information, followed by a relaxed part for a cup of tea and chat with other members.”
- “Very well organised with excellent topics & guest speakers. Afternoon teas are great for social interaction. Have not been attending in person meeting of late due to Covid-19.”

Zoom Meetings:

- “Love the chance to meet with people who understand MECFS, and I love that it ok to attend even when my health is bad and I am in bed and too brain frazzled to chat properly!”
- “The depth of knowledge and information shared in the group. Strong support and affirmation of members for each other. Much easier to take part in online.”

Feedback for our online support group:

- “Nice to have regular contributors, and a place to post things where people actually understand. Often people without MECFS really don't understand even if they try to.”
- “I find it really useful for support and supporting others. It's where I have the most interaction with others from the group given I haven't been able to go to Zoom or really any in-person meetings.”
- “The advice I've gathered from this group and feeling a sense of community has been invaluable.”

Feedback for our Registered Nurse Services:

- “It was the first time in 8 years of post-viral illness that I spoke with a medical professional fluent in its management. While I have had several very good GPs, the quirks of these illnesses benefit immensely from familiarity and expertise. “

M.E./CFS Group (Canterbury) Inc

Statement of Service Activity (Continued)

Mandatory disclosures according to s.4 of PBE SFR-C (NFP)

- “She came to visit to support my child. Made them feel comfortable and was really knowledgeable.”
- “Anna was great and helped me a lot connecting me to OT services and following up. She was very professional.”
- “Clare is kind and empathic. She is very knowledgeable and was instrumental in my situation completely changing for the better.”

Feedback for our Outreach Service:

- “I have emailed with Marissa and she was brilliant, very helpful and had the knowledge we need access to for dealing with MSD. I have also emailed and connected with Lisa who was extremely obliging and keen to help.”

Feedback for our newsletter:

- “They have become even more informative over time, and I always find something of interest. It keeps me up to date with what is happening within the organisation.”
- “I like the variety of content, the connection it gives to the group and committee members and staff and it isn't long winded and complex with information we can access ourselves if we choose to. Also, the tips and recommendations for products, services etc by members is invaluable.”
- “Very informative and gives ideas on how to live with this condition, and that I am not alone.”
- “I love the newsletter.”

Feedback for our Library:

- “So easy to access, and I hugely appreciate the postal service!”
- “Claire has sent us some books to read to support my child.”
- “It has great books in, but I haven't used it because of the difficulty I have with reading/processing information in books these days, and because I know it would cause PEM. I love that other members can research MECFS and pass information on.”

Feedback for our website:

- “I found the website very helpful when I first discovered the illness. I think it has improved since then. The resources link is especially helpful and a wise use of space.”

Feedback for the public Facebook page:

- “I think it focuses on posting helpful and relevant articles without overwhelming us with too many things to read. There is probably more that could be shared but also, I'm quite happy with it.”

M.E./CFS Group (Canterbury) Inc

Additional Entity Information

Organisation Structure

The affairs and funds of MECFS Canterbury are managed by the Society's committee. Members elect the Executive Committee at the Annual General Meeting. The committee comprises a Chairperson, Secretary, Treasurer and up to three other members.

Staff, including employees and volunteers, are engaged to deliver the services of MECFS Canterbury.

Executive Committee

Chairperson – Rose Camp

Treasurer – Rose Camp (Acting from May 2022)

Secretary – Nicola McDowell

Committee Members – Jan Barber, Karen Lawton, Tom Harris

Sue Carrol, Anne Price and Bruce Exton resigned during the year due to health reasons

Employees

Manager – Nicola Stokes RN – 0.25FTE (increasing to 0.3FTE September 2022)

Registered Nurse – Clare Lawrence – 0.5FTE (and Anna Grenfell – 0.38FTE to December 2021)

Outreach Coordinator – Lisa Paterson – 0.2FTE (to August 2022)

Office Administrator – Hannah Maxwell – 0.2FTE

Volunteers

Various other roles and tasks are carried out by Committee members, Society members and supporters. For example, grant applications, newsletter curation & contributions, Group Meeting facilitation, social connections, and practical supports,

Main Sources of Funds

MECFS Canterbury relies almost exclusively on discretionary grants from government and philanthropic organisations. Additional funding is sourced from donations.

Main Methods of Fundraising

Our volunteers complete grant applications to cover expenditure.

Volunteers and in-kind Donations

MECFS Canterbury relies heavily on volunteers for completing its governance, administrative and general tasks. However, it is important to note that our community suffer from ME/CFS which impacts their ability to do even normal activities of daily living, and certainly restricts their ability to volunteer. Many also live on very low incomes and are unable to make donations or get involved in fundraising.

M.E./CFS Group (Canterbury) Inc

Notes

1 Basis of Preparation

M.E./CFS Group (Canterbury) Inc is permitted by law to apply standard SFR-C(NFP) and has elected to do so.

Transactions are reported on the basis of cash received and spent in the Statement of Cash Flow. Significant amounts owed or owing are accrued in the Statement of Assets and Liabilities.

2 Taxation

As a Registered Charity the organisation is exempt from Income Tax.

The organisation is not registered for GST, and all figures are shown inclusive of GST.

3 Schedule of Fixed Assets

Items of Property, Plant and Equipment are shown at Cost. Applying depreciation is not permitted under this Reporting Standard.

a. Significant Purchased Assets

	2022
Asset	Cost
Books	\$ 1,020
Office Equipment	\$ 4,508
Services Equipment	\$ 2,402
Total	\$ 7,930

	2021
Asset	Cost
Laptop	\$ 2,408
Small Equipment	\$ 2,274
Samsung Galaxy Phone	\$ 598
Total	\$ 5,280

1) A more complete Fixed Assets list is available in the 2022 financial year and the 2021 fixed assets value has not been changed.

2) As at 31 August 2022, the organisation had 111 Book Titles (133 Copies).



M.E./CFS Group (Canterbury) Inc

Notes (Continued)

4 Grants

The following table shows grants that were received during the year, and any money not yet spent:

2021			
Grantmaker	Purpose	Received/ (Repaid)	Unexpended
Air Rescue Grant	Operational costs	\$ 1,552	\$ -
Aotearoa Gaming Trust	Staff Wages	\$ 6,760	\$ -
CCC Strengthening Communities Grant	Staff Wages	\$ 4,000	\$ -
Kiwi Gaming Foundation	Operational Costs, Staff Wages	\$ 19,546	\$ 7,687
Lion Foundation	Staff Wages	\$ 3,000	\$ -
Mainland Foundation	Staff Wages	\$ 14,105	\$ -
NZ Lottery	Operational Costs, Office Facility	\$ 15,000	\$ 183
Pub Charity	Staff Wages	\$ 7,580	\$ -
The Trusts Community Foundation	Staff Wages	\$ 7,500	\$ 6,053
Total		\$ 79,043	\$ 13,923

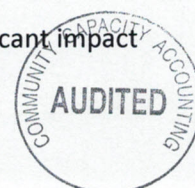
2021			
Grantmaker	Purpose	Received	Unexpended
Lottery Canterbury	Operational costs	\$ 6,000	\$ -
Christchurch City Council	Staff Wages	\$ 4,000	\$ -
COGS	Operating Costs	\$ 3,500	\$ 3,500
Pub Charity	Staff Wages	\$ 6,105	\$ 6,105
Pub Charity (2020)	Programme Costs	(\$ 1,786)	\$ -
The Southern Trust	Staff Wages	\$ 5,000	\$ -
MSD Crown Grant	Manager wages & costs	\$ 5,000	
The Jansen Trust	Travel	\$ 2,000	\$ 1,744
Mainland Foundation	Office Facility	\$ 2,747	\$ 1,293
Riccarton Rotary	Activity Trackers, Website	\$ 689	\$ 224
Rata Foundation	Operational costs	\$ 8,000	\$ 1,733
Kiwi Gaming Foundation	Staff Wages	\$ 9,350	\$ 946
CERT	Operational costs, including	\$ 8,065	\$ -
Total		\$ 58,670	\$ 15,545

5 Related Parties

There were no reportable transactions involving related parties during the financial year. (2021- Nil)

6 Events After Balance Date

There were no events that have occurred after the balance date that would have a significant impact on the Performance Report. (2021- Nil)



AUDITOR'S REPORT

Opinion

We have audited the financial statements of **M.E./CFS Group (Canterbury) Inc.**, an Incorporated Society and registered Charity, for the year ended 31 August 2022. These statements include the Statement of Receipts and Payments, Statement of Resources and Commitments and the Notes.

In our opinion the financial statements provide a true and fair view of the cash transactions of **M.E./CFS Group (Canterbury) Inc.** for the year ended 31 August 2022, and their significant assets and liabilities at that date according to the reporting requirements for registered charities.

Note that the report also includes non-financial information, on which we express no opinion.

Basis for Opinion

We have taken guidance from New Zealand auditing standards ISA(NZ) in performing this audit in as much as they are applicable to small not-for-profit entities reporting on a cash basis, and also considering the readability of this report for non-accountants.

An audit involves collecting and examining evidence about the numbers and other information presented in the financial statements. The auditor is striving for a very high degree of accuracy and therefore assurance. This also means that the information given in the statements must be *complete*, with no significant omissions that may mislead the reader of the Statements.

Audit procedures for an entity such as this may involve:

- Gathering evidence that both income and expenses include all transactions that were received or paid in the reporting period. Such evidence may include the organisation's internal processes and analysis of the organisation's transaction patterns.
- Gathering evidence that the presentation of the organisation's assets and liabilities is reasonable and that the stated figures and other information given is a fair representation. The accounting standard applicable for this organisation makes concessions for the practicability of collecting information. Significant items such as fixed assets, stock on hand or donated assets may not be represented in dollar terms for this organisation.
- Verifying compliance with accounting standard PBE SFR-C (NFP), which is mandatory for this entity.
- Examining the assumption that the organisation remains in operation for at least 12 months after the end of this reporting year.
- Gathering evidence about activities or changes to the organisation that may impact a reader's opinion about their future financial activities and that would be reportable in the Notes, such as legal commitments, events that have disrupted the entity after Balance Date, or Related Party transactions.

Community Capacity Accounting has compiled the financial statements for this organisation. Threats to auditor independence have been addressed predominantly through internal separation of duties in accordance with PES 1.

We have received sufficient and appropriate evidence to form an audit opinion. Other than in our capacity as auditor we have no relationship with or financial interest in the Society.

Responsibilities

It is the responsibility of the organisation's Managing Committee to ensure that financial statements are prepared, that give a true and fair view in accordance with the legal requirements. Ensuring that appropriate processes and procedures are in place to prevent misstatements from occurring through error or fraud are also their responsibility.

Our responsibility as an auditor is to seek credible evidence with regards to the numbers and related information contained in the financial statements, and to provide an opinion about the results of our audit. Professional ethics require us to approach an audit with a sceptical mind.

The audit was completed on 10 November 2022 and our opinion is expressed as at that date.

Community Capacity Accounting

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